

Torquay Community House Activities



**Autumn
2021**

What do we offer?

We offer welcoming facilities that are perfect for all kinds of community events, social groups and education. We are dedicated to providing support services, community development programmes and community education.

Some of the services, activities and programs we offer include:

Subsidised counselling services

Young Wolves - Free maths and literacy tutoring program for grade 5/6 students.

Morning Activity Program - a low cost, interactive art and music program for pre-schoolers and parents/carera. Currently includes **Little Da Vincis** and **Bells 'n' Beats**.

Studio 14 - A low cost, tutor lead, art program offering watercolours, acrylics and life drawing.

Quirky Crafts - Bring your craft, work on projects together and take part in special workshops.

Monthly Book Club
7.30pm-9pm on 3rd Tues of Month

**Currently looking for volunteers for a few hours per week.
Call 5261 2583**



contact us

03 5261 2583

www.torquaycommunityhouse.org.au

14 Price Street, Torquay, Victoria



follow us

facebook.com/Torquaycommunityhouse

instagram.com/torquaycommunityhouse

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We respectfully acknowledge the country on which our Community House is located, Wadawurrung country, and pay our respects to traditional owners, ancestors and elders, both past, present and emerging.

TORQUAY COMMUNITY HOUSE

Timetable Autumn 2021

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<p>Little Da Vincis 9.30am-10am (From April 26)</p> <p>Qi Gong 12pm - 1pm</p> <p>Studio 14: Watercolours with Doug Banner 1.30pm-3.30pm</p> <p>Studio 14: Life Drawing with Julie Roddy 7.15pm-9.15pm</p>	<p>Back on Track Self-care & resilience 10am-12pm (April 27-June 1)</p> <p>Studio 14: Acrylics with Jan Dick 1pm-3.30pm</p> <p>Young Wolves Tutoring 4pm-6pm (From April 27)</p> <p>Torquay Book Club 7.30pm-9pm (3rd Tues of Month)</p>	<p>Quirky Crafts 10.30am-12pm (The Sands, 2 Sands Blvd, Torquay)</p> <p>Torquay Music- Guitar 4 Kids 3.15pm-4.45pm</p>	<p>Bells 'n' Beats 10am-10.30am (25 Anderson St)</p> <p>Inner Health Yoga 10.30am-11.30am</p> <p>Studio 14: Watercolours with Pat McKenzie 1pm-3.30pm</p> <p>Torquay Music- Guitar 4 Kids 3.45pm-4.30pm</p> <p>Young Wolves Tutoring 4pm-6pm (From April 29)</p> <p>Introduction to Ukulele 5.30pm-6.15pm</p> <p>Ukes 'n' More: Intermediate 6.30pm-7.15pm</p> <p>Uke's 'n' More: James Hill Level 1 7.30pm-8.15pm</p>	<p>Yoga for Wholeness 9.15am-10.30am</p> <p>Studio 14: Friday Art with Jan Dick 1pm-3.30pm</p> <p>Womens Sharing Shed Torquay 1pm-4pm</p>	<p>Meditation with Nikki 8.30am-9.30am</p>	

Calling for Expressions of interest in:

- Switch Console Games Club
- Games nights for Grown ups
- Computer Courses of all Kinds
- First Aid
- RSA - Responsible Service of Alcohol
- Food Hygiene

Register your interest with Fiona our new activities co-ordinator at fionabramham@torquaycommunityhouse.org.au

New! Back on Track

It's been a year like no other and we all have a story to tell. Join us for some nurturing, self-care, & resilience

When: Tuesdays 10am-12pm from April 27

Where: 14 Price St, Torquay

Contact: 5261 2583 or

www.torquaycommunityhouse.org.au

STUDIO 14 ART CLASSES

Low cost tutor-led arts classes

Watercolours with Doug Banner

When: Mondays, 1.30pm-3.30pm

Life Drawing with Julie Roddy

When: Mondays, 7.15pm-9.15pm

Acrylic Paints with Jan Dick

When: Tuesday, 1pm-3.30pm

Watercolours with Pat McKenzie

When: Thursdays, 1pm-3.30pm

Friday Art with Jan Dick

When: Fridays, 13pm-3.30pm

Where: 14 Price St, Torquay

Contact: 5261 2583 or

www.torquaycommunityhouse.org.au

Quirky Craft

Bring your craft, work on projects together

When: Wednesdays 10.30am-12pm

Where: The Sands, 2 Sands Blvd, Torquay

Contact: 5261 2583 or

www.torquaycommunityhouse.org.au

Children's Activities

Bells 'n' Beats

Full of fun and energetic action songs and activities to get your little ones singing and moving. Suitable for 0-5 year olds.

When: Thursdays 10am to 10:30am from April 22

Where: **NEW VENUE 25 Anderson St, Torquay**

Contact: 5261 2583 or

www.torquaycommunityhouse.org.au

Little Da Vincis

Fun craft activities including painting, drawing, cutting & pasting. Suitable for 3-5 year olds.

When: Mondays 9.30am-10.30am

Where: 14 Price St, Torquay

Contact: 5261 2583 or

www.torquaycommunityhouse.org.au

Young Wolves Maths & English Tutoring

Low cost Maths and English tutoring program for grade 5 and 6 students.

When: 40 min sessions Tues & Thurs 4pm-6pm

Where: 14 Price St, Torquay

Contact: 5261 2583 or

www.torquaycommunityhouse.org.au

Torquay Music - Guitar 4 Kids

Introduce your child to music basics and playing guitar in a fun and easy going way.

When: Wed 3.15-4.45pm & Thurs 3.45-4.30pm

Where: 14 Price St, Torquay

Contact: Sarah on 0466 113 138

Health & Wellbeing Classes

Qi Gong

Balance your body with this gentle exercise and feel the benefits for both body and soul.

When: Mondays 12pm to 1pm from April 26

Where: 14 Price St, Torquay

Contact: Tony on tonycook396@gmail.com or 0450 962 008

Inner Health Yoga

Come and begin your own Yoga journey!

When: Thursdays 10.30-11.30am from 22 April

Where: 14 Price St, Torquay

Contact: Lesley Binks on 0478581319 or email innerhealthyoga@protonmail.com

Yoga for Wholeness

Classes combine a balance of postures, breathing practices and guided relaxation.

When: Friday 9.15am to 10.30am from April 23

Where: 14 Price St, Torquay

Contact: Bryan on 0457 911 563

UKES 'N' MORE CLASSES

James Hill Method- Intermediate

This is a continuation of the term 1 class

When: Thursdays, 6.30pm-7.15pm

Introduction to Ukulele

When: Thursdays, 5.30pm - 6.15pm

From April 29

James Hill Level 1 - Melody for Beginners

When: Thursdays, 7.30pm - 8.15pm

From April 29

Where: 14 Price St, Torquay

Contact: 5261 2583 or

www.torquaycommunityhouse.org.au

What is Torquay Community House?

Twenty-five years ago a small, dedicated group recognised a need to develop community consciousness and spirit. They turned their vision for a community house into reality and the Community House was incorporated as Spring Creek Community House on 22nd September in 1993.

In 2018 our name was changed to Torquay Community House to allow us to better reach and serve newcomers and the growing population. Torquay Community House proudly continues to honour the ideals and philosophy of this pioneer group and aspires and adheres to their vision and mission.

The Community House has initiated many vital community groups. These include the Living Green Expo and Tours, Torquay Community Men's Shed Inc, Danawa Community Garden, Life Activities Club and University of the Third Age Surf Coast, all now organisations in their own right. One of our newer initiatives is the Womens Sharing Shed Torquay.

Pre-Covid over 1,000 people come through the house every week for support and referral services, to attend courses, programs, events and self-help groups.

We also offer

Community Education - Check out our great range of courses including our **Accredited Training courses** - From Diploma level courses to vocational training such as Responsible Service of Alcohol. We have a steady stream of students who are returning to work or retraining and enjoy studying locally in a friendly environment.

Subsidised counselling services

Room/equipment hire

Justice of the Peace and Legal Aid

Free Tax Help

July-October each year

Resource and Referral Services

Our Mission Statement

Torquay Community House is committed to the provision of a welcoming environment in which the development and enrichment of the lives of the people in the local communities are facilitated.

 respect equality inclusion

